

Urine – CYTOLOGY

Dear Patient

To get the best out of your test, please follow below instructions:

Specimen preparation, labelling and delivery:

Collect 3 specimens – 1 specimen per day for 3 consecutive days in 3 separate pots.

Sample taken mid-morning is suitable.

Obtain 3 collection containers (usually pots with yellow screw lids), 3 request forms and 3 transport biohazard bags.

Make sure your full first and last names and date of birth (dd/mm/yy) or NHI (if known) are clearly written on the specimen container.

Ensure date and time of collection are written on the form – this should match each container.

Please refrigerate your sample if you anticipate a delay.

Drop off your sample at the Waikato hospital laboratory reception area, nearest depo or GP/clinician as soon after collection as possible.

Collection procedure:

1. Pass the first portion of urine in the toilet.
2. Then pass the second stream of urine into a sterile container/pot– this is the Mid-stream urine specimen required.
3. Try to fill the container till below the lid line – ensuring that it doesn't leak when you screw the lid close.
4. Screw the lid on tightly.
5. Label the specimen container with full name, date of birth, NHI (if known) and date and time of collection.
6. Ensure date and time of collection are also written on the form that goes with the pot.
7. Place the specimen into the main pocket of the bag and close the bag.
8. Place the request form in the outside pocket of the same bag.
9. Samples are to be delivered to the laboratory promptly or kept in the fridge, until it can be delivered to a local laboratory depo or the Waikato hospital.

WARNING!

The specimen container you are given may contain preservative. Avoid contact and do not consume. Keep out of reach of children. Consult your medical practitioner or call 111 (emergency) in case of swallowing, irritation, inhalation or eye contact. If medical advice is needed, have product container or label at hand.