

URINE CYTOLOGY

PATIENT INSTRUCTIONS

To get the best out of your test, please follow below instructions:

- Collect specimens in 3 separate sterile containers over 3 consecutive days.
- A fresh, Mid-morning specimen is preferred.

Collection procedure:

- Pass the first portion of urine in the toilet.
- Then pass the second stream of urine into a sterile container – this is the Mid-stream urine specimen required.
- Try to fill the container to the 50mL line.
- Screw the lid on tightly.
- Label the specimen container with full name, date of birth, NHI (if known) and date and time of collection.
- Place the specimen into the main pocket of the bag and close the bag.
- Place the request form (obtained from your GP/Clinician) in the outside pocket of the same bag.
- To be delivered to the laboratory promptly or kept in the fridge, until it can be delivered.