

Patient instructions

Mid Stream Urine collection

Please follow carefully to ensure your test results are accurate.

Preparation

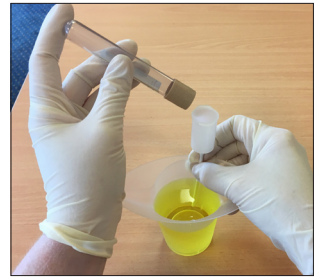
- Obtain the collection and transport containers and wet wipe.
- Put a preprinted patient identification sticky label or write your name and date of birth on the Tan Tube.



Wet wipe



Collection container



Tan tube and transfer straw

Collection procedure

1. Women and girls: Use a wet wipe to clean yourself. Men and boys: Pull back your foreskin.
2. Hold the collection container in one hand.
3. Pass the first part of urine into the toilet.
4. Next pass some urine into the collection container. Try to get the urine going directly into the collection container without touching any skin, hands etc on the way. This is the 'mid stream' specimen needed.
5. Finally, pass any remaining urine into the toilet.
6. Use the transfer straw to vacuum urine into the tan tube - until halfway up the label.
7. Discard remaining urine into the toilet and the wet wipe and empty collection container into rubbish bin. Discard urine straw into sharps container.
8. Check your correct name and date of birth is on the tan tube.
9. Place tan tube into plastic bag and seal the top.